



JOIN US FOR A FIRST DAY HIKE

AT GRISWOLD POINT

Photo by Judy Preston, CTSG

SAVE THE DATE



January 1, 2026

Meet at 1PM



Old Lyme Town Beach,
Off White Sands Beach Road, Old Lyme, CT

Connecticut Sea Grant and Connecticut National Estuarine Research Reserve staff will lead a two-hour hike of mostly flat shoreline at Griswold Point. Guides will talk about the CT Reserve and the ecology of the lower Connecticut river, a Long Island Sound Stewardship Area.

To register, send an email to judy.benson@uconn.edu. You'll receive an email confirmation and notification if the hike is cancelled due to weather. No pets, please.

