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First Selectwoman's Corner

The Annual Town Meeting took place on January 22, 2024. The first order of business was to accept the Town Report. Bennett (B.J.) Bernblum, Chair of the Board of Finance, presented the Town Report and highlighted some of the important events noted in the contents. The report was unanimously approved. Hard copies of the report are available for residents to pick up at Town Hall, and an electronic version is posted on the Town's website. The Board of Selectmen and the Board of Finance thanked Michaelle Pearson for all her hard work in preparing the town report for final publishing.

During the second half of the annual meeting, the Board of Selectmen presented Old Lyme's 2023 Citizen of the Year Award to Jim Ward. Jim has become a master at figuring out how to create and lead a non-profit organization, build grassroot



financial support, and rally people to grow, harvest, and send over 5,000 pounds of fresh vegetables to food banks across the region. He is a champion for creating community around local environmental and food security solutions. The catalyst for his community building efforts began when Jim participated in the 2020 UConn Master Gardening Program. Jim's required outreach hours for the program were met by volunteering at the Food for All garden in Clinton. His admiration for how the Food For All garden and other similar gardens in the region met the increasing needs of community food banks was equaled by his appreciation for the sense of community they created. This was something Jim thought the Lyme-Old Lyme community could replicate.

Continued on page 4





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Jim and his volunteers have utilized a parcel of land at Town Woods Park for this community garden. The location is perfect because of its proximity to the onsite playground, sports fields, and the Lymes' Senior Center, making the garden accessible to all ages in both towns. From his first Zoom meeting in March 2021, Jim's goal was to provide fresh produce to help alleviate food insecurities and support healthy nutrition to families in Old Lyme, Lyme, and surrounding communities. That Zoom meeting resulted in a handful of volunteers ready to take on Jim's challenge. In 2021, the group raised money and built garden fencing while preparing the soil. In 2022, their first growing season, the Food Share Garden logged more than 700 hours of volunteers' time in producing and donating over 2500 pounds of fresh produce to the Shoreline Soup Kitchens & Pantries and the United Way of Southeastern Connecticut. During this past year's second growing season, Jim's leadership contributed to 31 volunteers logging over 1000 hours, again producing more than 2500 pounds of produce, and converting over a thousand pounds of food waste to compost for next year's garden. Still in just its second growing season, the Lyme-Old Lyme Food Share Garden was one of three giving gardens to receive the Innovation Award from the United Way of Southeastern Connecticut.

Jim also serves our town as co-chair of the Solid Waste and Recycling Committee. Although this committee doesn't have the most glamorous of names, we rely on them for policy

recommendations and opportunities to reduce the Town's trash, which is not just important for our environment but also for our taxpayers' wallets. One important way to reduce trash is to encourage our residents to compost their food waste. Jim's enthusiasm for nature's way of recycling led to his creation of a pilot composting program in his Library Lane neighborhood. Just this summer, the neighborhood collected over 700 pounds of food waste for composting. Growing, Caring, Sharing. These are the guiding words of the Lyme-Old Lyme Food Share Garden. These three words also represent why the Board of Selectmen selected Mr. Jim Ward to be the 2023 Citizen of the Year. I urge you all to stop by and see the garden in action during the 2024 growing season.

Old Lyme is lucky to have so many talented and willing volunteers to serve on our 34 Boards, Commissions and Committees. January is the time of year when the Board of Selectmen make the majority of appointments for vacant and expiring positions. This year we appointed 69 residents to the various positions. We instituted some new processes this year so that our records are up-to-date, and we have current contact information. We know that the process had some technical glitches, but these improve our learning curve for the years to come. Executive Assistant to the First Selectwoman Katie Balocca, Town Clerk Vicki Urbowicz and Assistant Town Clerk Courtney Joy play important roles in updating our OnBoard2 software and swearing in all the new appointees. The Board of Selectmen are so appreciative of their efforts.

Continued on page 6



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Continued from page 5

January is also the start of the budget review process. This year the Board of Selectmen spent over eighteen hours reviewing the requests of town departments, non-profit organizations and capital expenditures. Anita Mancini, our town Finance Director, spent countless hours preparing the budget and updating requests from departments throughout the months of December and January. Board of Finance members were also invited to our special budget workshop sessions to observe the process and ask questions for clarification. In February, the Board of Finance began their review and approval process during weekly meetings. This budget will be voted on by the residents and taxpayers at the Annual Town Meeting held in May.

Our Open Space and Harbor Management Commissions have worked closely together to create Horse Neck Creek Landing (formerly 36-1 Buttonball) throughout the fall season. Visitors now have a path through the wooded area to a beautiful viewing area along the Black Hall River. Members from both commissions took the time to put up a split rail fence to delineate the property lines from the abutting property owner. The Harbor Management Commission continues its plan to build a dock and viewing area for visitors.

The Lymes' Senior Center Building Committee has been hard at work these past months. Although the intention was for the project to begin in late fall, there were some higher-than-expected bids for the builder's risk insurance and new bids had to be sought. Bids

for the project itself were opened on February 6th. Meanwhile, our Senior Center Director, Stephanie Gould, and her assistant Caitlin Perkins continue to provide activities for the senior center members at various locations in Lyme and Old Lyme.

The Building Committee for the Region 18 HVAC replacement/repair has also been diligently working to finalize the project's scope and prepare for the bidding process. The bid packets should be ready in March. The project is slated to begin in June.

From the Desk of,

First Selectwoman Martha Shoemaker



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Assessor's Office

The Assessor would like to remind residents of two tax relief programs available for **Elderly Homeowners & Totally Disabled and Additional Veterans**. Applications are taken in the Assessor's Office beginning **February 1 through May 15, 2024**. To qualify, recipients must have reached the age of 65 or older by Dec 31st of the previous year (one spouse, if married) or be totally disabled as defined by the Social Security disability program. Eligibility is based on qualifying income requirements as set by the State of Connecticut. The 2023 qualifying income limits are \$43,800 for a single applicant and \$53,400 for a married couple. Applicants **may not** be receiving federal, state, county or municipal financial subsidy or aid. An additional Veterans Exemption is available for those who meet the Homeowners and Veterans eligibility and income requirements. These filings are done every 2 years or if your income has changed significantly; if you are already in the program, you will receive a reminder letter if it is your application year. Please call the Assessor's office x219 if you have any questions regarding application for this program.

We have commenced the state mandated revaluation project

of 2024 with the assistance of Municipal Valuations Services, LLC (Munival) of Fairfield, CT (the revaluation company hired to assist the Town with the revaluation). This process will take place from February 2024, thru October 31st, 2024. Frequent updates will be posted to the Assessor's webpage as we move through the process.



Important assessment dates and deadlines can be found on the Assessor's web page visit www.oldlyme-ct.gov. Don't forget easy access to ownership, mailing addresses, assessment, and mapping information is always available.

Follow the link GIS MAPPING on the town website home page.

Questions or more information on exemption programs please call 860-434-1605 x219 or **Melinda Kronfeld, Assessor** at x218 Assessor@oldlyme-ct.gov.

Melinda R. Kronfeld, CCMA II
Assessor

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Town Hours & Holiday Schedule

TOWN HALL WILL BE CLOSED ON THE FOLLOWING HOLIDAYS IN 2024:

Friday, March 29, 2024 – Good Friday
Monday, May 27, 2024 – Memorial Day
Wednesday, June 19, 2024 - Juneteenth
Thursday, July 4, 2024 – Independence Day
Monday, September 2, 2024 – Labor Day
Thursday, November 28, 2024 &
Friday, November 29, 2024 - Thanksgiving
Wednesday, December 25, 2024 – Christmas

TOWN HALL HOURS FOR MOST DEPARTMENTS:

Monday through Friday, 9 am – 4 pm

Transfer Station/Landfill Hours. The Transfer Station is located on Four Mile River Road and is open Tuesday-Friday from 7:30 am-3:45 pm and Saturday from 8:30 am-4 pm (closed Sunday and Monday). Taxpayers' vehicles should have a Transfer Station sticker affixed to the right-hand side of windshield. Vehicles without a sticker should bring proof of property address (i.e., tax bill, mortgage statement or closing papers), along with a driver's license and registration.



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Registrars of Voters

There will be a **Presidential Preference Primary** held on Tuesday, April 2, 2024. Our polling location is the Lyme-Old Lyme Middle School gymnasium, located at 53 Lyme Street, Old Lyme. The polls will be open from 6:00 am to 8:00 pm. Only electors who are registered as a Democrat or a Republican are eligible to vote in this primary. Absentee ballots will be available from the Town Clerk's office beginning on March 12, 2024.

For the first time, we will also be offering **Early Voting**. Our Early Voting location is the Registrar of Voters office at the Old Lyme Memorial Town Hall on the mezzanine level. Handicap parking is available in the lot behind the Town Hall. Curbside voting will also be available upon request.

For a Presidential Preference Primary, early voting will take place for 4 days prior to the election day. There will be no early voting on Good Friday.

Early Voting dates will be:

- Tuesday, March 26
- Wednesday, March 27
- Thursday, March 28
- Saturday, March 30



The time for early voting for each of these days is 10:00 am – 6:00 pm.

More information about early voting, including some FAQs, is available on the Secretary of the State's website at: https://portal.ct.gov/-/media/SOTS/Early-Voting/2024/EV_FAQs_Dates_Hours.pdf.

If you have any questions regarding your voter registration status or about early voting, please contact us at **860-434-1605 ext. 226** or email at: registrars@oldlyme-ct.gov.

Cathy Carter (R) and Jennifer Datum (D), Registrars of Voters



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Social Services

As spring approaches, Social Services expects to provide assistance with the **Renters' Rebate Program**. State law provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, or living in cooperative housing or a mobile home may be eligible for this program. The application period typically runs from April 1 – October 1. Call the office to schedule an appointment after April 1.

- People who generally make \$60,000 or less
- Persons with disabilities; and
- Limited English-speaking taxpayers

In addition to VITA, the TCE program offers free tax help, particularly for those who are 60 years of age and older, specializing in questions about pensions and retirement-related issues unique to seniors.

For more information, call **(860) 906-9887**, or visit www.irs.gov/VITA.

Additionally, the United Way provides **free tax filing ONLINE** for qualified individuals. Visit www.myfreetaxes.com to complete your state and federal tax return absolutely free. For more information, you can call **1-866-698-9435**.

For more information, assistance with any other Social Services matter, and/or to schedule an appointment, please contact: **Amy Bonatti, Social Services Coordinator (860)434-1605, ext. 228** or email: socialservices@oldlyme-ct.gov.



The IRS's Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE) programs offer free basic tax return preparation to qualified individuals, including:

Office hours are Mondays and Wednesdays 9:00am-2:00pm (available by phone beginning at 8:00am both days). Appointments are recommended.

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IF YOU'RE READING THIS, it's either spring or will be spring within days. Our reward for making it through another cold, wet winter is bright sunshine, longer days and green, growing grass and flowers springing from the earth. Spring's arrival is a great opportunity to focus on healthy habits.

The *Centers for Disease Control and Prevention* recommends picking up healthy habits in the spring to keep yourself in better shape and help prevent chronic diseases, and different strategies can find significant success. For instance, getting in the habit of using extra sunlight hours after Daylight Savings can be a great way to get more exercise. It's recommended that the average person gets *at least* 150 minutes of exercise every week; 30 minutes a day, five days a week is perfect to get tuned up.

Speaking of Daylight Savings Time, don't let springing forward hamper your rest. Adults are recommended to get at least seven hours of sleep per night; use the clocks moving ahead as a tool and use it to revamp your sleep schedule. If you can stick to that, dietary changes including adding more vegetables and whole grains to your diet, as well as drinking more water instead of sugary or alcoholic drinks, can help you lose weight.

One more tip: if you're getting out to enjoy the extra sun, be sure to be careful of sun exposure, as too much can be too much of a bad thing. Long sleeves, hats, sunglasses and sunscreen can help fight sunburn and sun poisoning, which is possible even on colder and shorter days.

The start of spring is a great opportunity to make positive changes to benefit your health – spring cleaning isn't just for attics and basements. **I hope you and your loved ones enjoy a lovely season.**

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Courtney C. Joy, Assistant Town Clerk

Congratulations!

We congratulate the following on their recent marriages:

October

Patrick Robert Kinney & Victoria Michaela Lemmon
Martin Gerard Moroney, Jr. & Karen Ann Barker
Paul Russell Dorothy, III & Lindsay Marie Franklin
Joseph Robert Sylvia & Elizabeth Noel Jennes
Todd Alan Little & Louise Ruth Muller
Richard Francis Cyr & Elizabeth Jean Mooney
David M. Kirpas & Kathleen Ann Epperson

November

Tyler James Moreau & Amy Maureen West
Blair William Tinkle & Alison Renee Reither
Carl Brian Giantonio & Elizabeth Ashley Bujda
Carlos Rodolfo Marin Leon & Leidy Janeth Montano Usma

December

Joel DiLoreto & Daniella Sanzo
Joshua Andrew Hulseberg & Samantha Ofelia Gallerani
Daniel Patrick Tyler & Dana Justine Gonsalves-Lasky

With Sympathy

We would like to express our condolences to the families of recently deceased Old Lyme residents:

October

Barbara Jane Colburn
Americo A. Colangeli
Benjamin Alger Bourn, Jr.
Marshall Edward Dean, Sr.
Joan Steele Bonvicin
Kenneth Michael McKeever
Jacqueline Bentley Roberts
Larry Stuart Mandell

November

Mark Lyndon Pearson
Ronald Raymond Berry
Margaret A. Martel
Polly Anne Bekaert
Anna Smith

December

John J. Messer
Robert Beauclerk Colburn
Geary Philbrick



Old Lyme Emergency Management



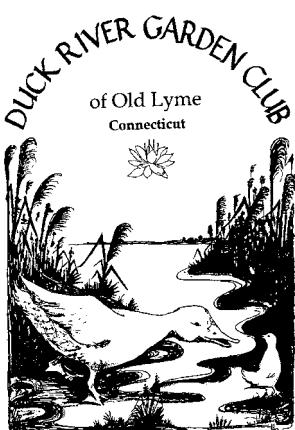
Special Needs Registration Form

In order to provide the highest level of assistance, the Office of Emergency Management is asking residents to pre-identify themselves in the event of needing special assistance during an emergency.

If you, or if you know of someone who, may need transportation or any other assistance during an emergency, please fill out his special needs form and return the form to:

Old Lyme Emergency Management
52 Lyme Street
Old Lyme, CT 06371

In the event of an emergency, local emergency workers will contact you.
<https://www.oldlyme-ct.gov/DocumentCenter/View/133/Special-Needs-Registration-Form-PDF>



Duck River Garden Club

Annual Spring Plant Sale

Our Plant Sale is held every year on Mother's Day weekend under the big tent on Halls Road and should not be missed!

Buy plants for your own garden or as Mother's Day gifts! We will have hundreds of healthy varieties including our beautiful Hanging Baskets, Geraniums, Perennials, Members' Plants, Native Pollinators, Annuals, Veggies and Herbs. Our assortment of gorgeous geraniums is always a popular item.

Sale dates are: **Friday, May 10th 12:00 – 6:00 pm and Saturday, May 11th 9:00 am – 1:00 pm**

Old Lyme Shopping Center, Halls Road, Old Lyme



Duck River Garden Club (DRGC) serves Old Lyme and East Lyme providing landscape beautification including the civic sites around the town of Old Lyme. We provide holiday wreaths for our public buildings as well as a weekly flower arrangement for the reception area at the Old Lyme Phoebe Griffin Noyes Library. Garden Club members are also involved in garden therapy, youth, and community outreach.

Thank you for supporting DRGC's annual Plant Sale! Proceeds support our educational programs, scholarships, and civic beautification.

DRGC always welcomes new members. Please visit our website and our Facebook page. www.duckrivergardenclub.org

The Lyme Village Voices



The Lymes' Village Voices are celebrating 30 years of entertaining at shoreline nursing homes and retirement communities.

Come join us in harmony?

Daytime rehearsals are Mondays: 1:00-2:30 pm at St. Ann's Church Hall, Route 156 in Old Lyme. Lower voices are especially needed.

Open registration and no auditions. Call 860-739-5353 or 860-434-2526 or just come on by.

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Roger Tory Peterson Estuary Center

The Connecticut Audubon Society's Roger Tory Peterson Estuary Center is dedicated to the conservation and preservation of the Connecticut River Estuary ecosystem and watershed, through science-based research, education and advocacy.

Webinars

Join Conservation and Education Coordinator, Joe Attwater each month for a free webinar via Zoom on a different bird-themed topic.

Corvids - March 20; 6-7 p.m.

Flycatchers - April 17; 6-7 p.m.

Warblers - May 15; 6-7 p.m.

Pollinating Birds - June 5; 6-7 p.m.

Spring Walks

Spring Nature Walk at Beebe Preserve, Lyme
March 23; 9-11 a.m.

Amphibian Walk at Brockway Hawthorne Preserve, Lyme
March 30; 10 a.m. - 12 p.m.

Beaver Walk at Ames Family Open Space, Old Lyme
April 6; 2-4 p.m.

Spring Walk at McCulloch Family Open Space, Old Lyme
April 27, 9:30-11:30 a.m.

Connecticut Audubon Society

Roger Tory Peterson Estuary Center

100 Lyme Street, Old Lyme, CT 06371
860-598-4218

www.ctaudubon.org/rtpc

Migration Magic

Join us for walks during our month of Migration Magic happening in May!

Youth Programs

Afterschool Adventures - Tuesdays and Wednesdays from 3:45-5 p.m. at the RTP Estuary Center

Spring Vacation Week at the RTP Estuary Center
April 8- 12; 9 a.m. - 4 p.m. each day

RTP Estuary Summer Camp - Registration is open! Camps for ages 5-13. June 17-Aug 16

Visit our website for more information!

All programs require pre-registration. We also host a variety of webinars, nature hikes, bird walks, citizen science opportunities and more throughout southeastern Connecticut. For more information be sure to visit our website at www.ctaudubon.org/rtpc or email rtpc@ctaudubon.org.



The Old Lyme Visiting Nurse Association

For more information,
please check our website at
https://www.oldlymenvna.org.

Town Nurse Office Hours in New Locations

As the Lymes' Senior Center undergoes remodeling, Town Nurse **Denise Piersa** is still holding office hours on weekdays from 11 am to 1 pm, but the locations have changed:

Mondays: Old Lyme Memorial Town Hall
52 Lyme Street, Old Lyme

Tuesdays to Thursdays:

First Congregational Church of Old Lyme
2 Ferry Rd, Old Lyme

Fridays: Lyme Public Library

482 Hamburg Rd, Lyme

The Town Nurse phone number is 860-434-7808.

Upcoming Events at the Lyme Library

The Lyme Library Puzzle Club

March 12, April 19, May 14

(Tuesday) 11 AM-12:30 PM

Lyme Public Library

Call 860-434-2272 or more information.

Walk-ins welcome

Puzzles will be provided by the library. A range of puzzles will be available from 40-piece ones to 1,000-piece varieties. The library will also provide a puzzle case so that puzzles which the club is working on that were not able to be finished in one sitting can continue to be worked on at the next meeting. Coffee and tea are provided at a minimum cost.

Preschool Storytime

March 20, March 27 (Wednesday)

11:15 AM

Community room and Children's room

To register email programreg@lymepl.org

Brief Description: For children ages infant to 4. Join Ms. Deb, Ms. Joanne, and Ms. Wendy for books, songs, and a craft.

Caregivers can check out books to take home to continue the fun of the library visit.



One-on One Tech Support Help Day

March 16 (Saturday) 2:00-4:00 PM

Lyme Library Community Room

Sign-up sheets at the Lyme Library Circulation Desk

Are you having basic technology issues, such as using email, Microsoft Office or Google Docs? Is using your cell phone becoming more trouble than it seems to be worth? We can help. Please come to the library and sign-up for one (or more) of the ½ time slots on our tech support sign-up sheet. Make sure to bring along all the charging plugs, etc. for your devices and have your usernames and passwords available to log in to the accounts you are having trouble with.



Yoga and Meditation with Joan Fisler of Red Barn Yoga

March 15 (Friday) 11:00 AM

Lyme Library Community Room

To register email programreg@lymepl.org

\$10.00 per class paid to the instructor at the door. Participants should bring yoga mats if they have them but a limited number of mats will be made available. Experience with yoga and meditation is not necessary to participate.

Cost: \$10.00



“As the Page Turns”-Lyme Library Lyme Senior Center Book Club

March 15, April 19, May 17 (Friday) 1:00 PM

Lyme Public Library-Community Room

Call 860-434-2272 or email programreg@lymepl.org

A collaboration with the Lyme Library and Lyme/Old Lyme Senior Center. The selected book for the month can be picked up at the Lyme Public Library circulation desk.

Around the World in Eight Movies with Janet Roach

March 17 (Sunday) Time 1:00 PM -

“Hear My Song” (Ireland, 1992)

April 7 (Sunday) Time 1:00 PM -
“Breaker Morant” (Australia, 1980)

April 21 (Sunday) Time 1:00 PM -
Babette’s Feast (Danish, 1987)

Lyme Library Community Room

To register email programreg@lymepl.org or call 860-434-2272.

Award winning screenwriter Janet Roach will be leading a Sunday afternoon film series at the Lyme Library running from January through April on the first and third Sundays of each month. She is calling the series “Around the World in Eight Movies” and the series will be featuring memorable international films you won’t want to miss. Popcorn and beverages will be served.

The Lyme Library “Stitchcraft” Club

March 23, April 27, May 25 (Saturday)

12:30-2:00 PM

Lyme Public Library’s Program Room

Email programreg@lymepl.org to register

Practice your stitch craft in the company of like-minded stitchers. If you enjoy knitting, embroidery, crochet, cross stitch quilting or any other form of easily portable hand crafts join us in the Periodicals Room to share your projects, good company, and refreshments around the fireplace.

“Like Notes of Music” : Film Screening and Artist Talk with Christian Peltenburg-Brechneff

March 23 (Saturday) 2:00 PM

Lyme Public Library’s Program Room

Email programreg@lymepl.org to register

The Lyme Library is honored to have internationally-known artist Christian Peltenburg-Brechneff appear to screen the film about his life and work “Like Notes of Music” and then speak about his paintings and inspirations.

Continued on page 20



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Continued from page 19

The Lyme Library American Mah Jongg Club



March 26, April 30, May 28 (Tuesday)
6:00 PM -8:00 PM
Lyme Public Library's Program Room or
Periodicals room

Email programreg@lymepl.org to register
Previous experience playing Mah Jongg
is preferred. The library has two complete
American Mah Jongg sets and 8 copies of
the "Official Standard Hands and Rules
2023" booklets that participants can use
while in the building. With the limited
supply of American Mah Jongg sets
available via the library if you have your
own set of tiles you are encouraged to
bring them along.

"Sculpture and Paintings" Art Exhibit by Judy Cotton

April 1-June 1-
Lyme Public Community Room
Call 860-434-2272 for more information.
Internationally recognized artist and

author Judy Cotton is exhibiting a
collection of her paintings and sculptures
at the Lyme Public Library. Her work is
in the collections of the Metropolitan
Museum Art, the Phillips Gallery, the
National Gallery of Australia, The New
Britain Museum of Art, the Lyman Allyn
Museum, the Florence Griswold Museum,
The Bathurst Regional Gallery and
numerous private collections.

Shell & Bee Studio Art Class Series- Afternoon Art



April 2, May 7, June 4 (Tuesday) Time
4:00-5:00 PM

Lyme Library Community Room

To register email programreg@lymepl.org
or call 860-434-2272

Join Ms. Marissa of Shell & Bee Studio as
she leads a fun and creative afternoon class
for elementary school students grades 1-5.

"The Sweet Spot" the Lyme Library's Coffee Cafe



April 4, May 7 (Tuesday) 10:30 AM
Lyme Public Library's Periodicals Room

Email programreg@lymepl.org to register

Join your friends and family at "The Sweet
Spot", the Lyme library's café. Refreshments
(coffee, tea, and pastries) have been
provided by volunteers and members of
the Lyme Library Board and Friends of the
Lyme Public Library. All items are free, but
feel free to add to the "donation jar." "The
Sweet Spot" provides games, magazines,
newspapers and a warm and cozy space
for folks to meet up and enjoy meeting old
friends and making new ones.

USA Financial Services Presents...

April 4 (Tuesday) 6:00 PM –

Tax Efficient Strategies

May 9 (Thursday) 6:00 PM – **Social
Security: How to Make it Work for You**

May 16 (Thursday) 6:00 PM –
Estate Planning

Lyme Public Library's Community Room

Email programreg@lymepl.org to register
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will be at the Lyme Library to present information on new tax laws and tax issues, how best to get social security savings to work for you, and how to build a lasting legacy for yourself.

Artist Reception with Judy Cotton

April 6 (Saturday) @ 2:00 PM

Lyme Library Community Room

Call 860-434-2272 for more information.

Meet and speak with internationally-known artist and author Judy Cotton whose paintings and sculpture will be on display from April 1st -June 1st . Ms. Cotton will be reading from her new book and speaking about her creative process. Refreshments will be served.

Celebrating National Poetry Month with the Connecticut River Poets

April 13 (Saturday) @ 2:00 PM

Lyme Public Library Community Room

Call 860-434-2272 for more information

The Lyme Public Library is honored to have the members of the Connecticut River Poets association appearing at the library to read some of the poems recently created by the group's members. Refreshments will be provided.

Audubon Birding Program-Spring Birding- Northern Migration

April 18, (Thursday) 6:00 PM

Lyme Public Library Community Room

Contact: Call 860-434-2272 for more information

The spring migration of birds is a wonderful thing to witness. Learn more about it when instructors from the Roger Tory Peterson Estuary Center of the Audubon Society come to the Library to help you to improve your birding experience by teaching you how to better understand where, when and how to keep an eye out for your returning avian neighbors during the spring season.

Cool-ology Wonder Tots

April 20 (Saturday) 11:00 AM-12:00 PM

June 15 (Saturday) 11:00 AM -12:00 PM

Lyme Library Community Room

To register email programreg@lymepl.org

For children ages 3-6, Cool-ology® Wonder Tots provides hands-on, inquiry-based learning experiences aimed at getting kids really excited about science, engineering, STEAM connections, and the world

around them! These active, social, creative lessons help kids begin to understand how the world works in a fun and educational way. Each session, children will explore a captivating, hands-on, inquiry-based science, or engineering topic.

STEAM *Science, Technology, Engineering, Art, Math



Lyme Public Library Cookbook Club

April 20 (Saturday) 1:00 PM

May 18 (Saturday) 1:00 PM

Lyme Public Library's Program Room

Contact the library at 860-434-2272 to find out more about this month's cookbook.

Every month the Lyme Public Library will be hosting a cookbook club where the participants will be using recipes from a particular cookbook (chosen by the participants at the previous month's meeting) and making items to share with the group. This is a "tasty" book club where you can build your culinary skills and share with others.

Tips From Dr. Wendy Hurwitz (at the Old Lyme Public Library)

April 20 (Saturday) @ 1:00 PM –

10 Tips to Manage Stress

Call 860-434-1684 for more information
Old Lyme/Phoebe Griffin Noyes Public Library -2 Library Lane, Old Lyme, CT

April 27 (Saturday) @ 1:00 PM –

Tips for Sleep

Call 860-434-2272 for more information
Lyme Public Library - Community Room

April 20: Come and learn the difference between good and bad stress, increase awareness of how stress impacts the body, and hear about the emerging pattern matching specific symptoms and diseases with specific stresses. Everyone will learn a technique to minimize stress and maximize vitality.

April 27: Come learn about tips to improve sleep and restorative rest.

About Dr. Wendy: A graduate of Yale

University School of Medicine, Dr. Hurwitz is a nationally recognized expert on stress. A former medical researcher for ABC News, Dr. Hurwitz is an expert in two fields: Mind/Body Medicine and Energy Medicine. She teaches both professionals and students in medicine, psychology, and the allied health professions, and has lectured at Harvard Medical School, Yale University School of Medicine, Columbia University, University of Pennsylvania School of Medicine, University of Connecticut School of Medicine, NYU, and Fordham University.

To register email programreg@lymepl.org and your registration will be forwarded to Old Lyme.

"Under the Naga Tail: A True Story of Survival, Bravery, and Escape from the Cambodian Genocide" & "Ghost Mountain" (film) with Mae Bunseng Taing and James Taing (An AAPI Celebration)

May 11 (Saturday) 2:00 PM

Lyme Public Library Community Room

To register email programreg@lymepl.org

In honor of Asian American and Pacific Islander (AAPI) month the Lyme Library is pleased to present the film "Ghost Mountain" by filmmaker James Taing. His father Mae Bunseng Taing whose life story is told in the book "Under the Naga Tail: A True Story of Survival, Bravery, and Escape from Cambodian Genocide" will present from his book and answer questions about his life experiences which is captured in his son's film.

Cool-ology S.T.E.A.M. Lab

May 18 (Saturday) 11:00 AM-12:00 PM

Lyme Library Community Room

To register email programreg@lymepl.org

This program is designed for children 6-11 years old.

Poetry as Memoir with Poet Bessy Reyna



May 25 (Saturday) 2:00 PM

Lyme Public Library's Program Room

Email programreg@lymepl.org to register



SUMMER CAMP FAIR

Wednesday, March 27, 4:00-5:30 PM

Lyme-Old Lyme High School Commons

More than 30 local camps will be at LYSB's Camp Fair! Pick up brochures, meet camp reps, and maybe even register. It's one stop shopping for a summer of fun! Admission is free. More info at www.lysb.org.

38th ANNUAL YOUTH ART SHOW

Opening Reception: Thursday, April 4, 4:00 to 6:30 PM

Show Hours: Saturday, April 6 and 13, 10:00 AM to 4:00 PM

Lyme Academy of Fine Arts, Sill House Gallery

LYSB's annual Youth Art Show, now in its 38th year celebrates the artistic achievements of the students K-12 of Lyme Old Lyme Schools. The show is a collaboration between LYSB, the Schools, and Lyme Academy of Fine Arts. The show features more than 150 students including drawings, paintings, graphic, and ceramic arts.

THE BIZZ- LYSB's Youth Talent Show

Friday, April 19th, 6:30 PM at Lyme-Old Lyme High School.

Auditions will be held on March 25 and 26, 4:00 to 6:30 p.m.

Reserve your audition at www.lysb.org.

DRUG TAKE BACK

Saturday, April 27th, 10:00 AM to 2:00 PM

Old Lyme Firehouse on Lyme Street

Bring your unwanted medications for safe disposal and prevent pill abuse by ridding your homes of potentially dangerous expired, unused, and unwanted prescription and over-the-counter drugs. This event is free and anonymous — no questions asked.

Since the first Lyme-Old Lyme

Drug Take Back event in 2011, citizens have returned more than 500 pounds of medications to prevent

misuse. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinets.

PLAYGROUPS at LYSB

LYSB offers playgroups for children ages 0-5 with different themes and programs daily. Each group offers time for free play, stories, games, crafts, and snacks. Come meet other children and caregivers. Our full schedule and details at: www.lysb.org.

YOUTH ADVISORY COUNCIL (YAC)

Wednesday in person and online 7:00-8:00 PM

YAC is a high school community service club that participates in a variety of fun projects and activities throughout the year. All high school students in L/OL are welcome to join us! Register at www.lysb.org.

LYME-OLD LYME PREVENTION COALITION

Meets on the first Tuesday of the month on zoom.

Our mission is to prevent and reduce alcohol and other drug use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities. Our group includes parents, youth, school administrators, police, and community members. Join us at our next meeting! Visit www.lysb.org/prevention for more info.

COUNSELING SERVICES FOR ADOLESCENTS

LYSB provides counseling services for adolescents in Lyme and Old Lyme. Our fees are based on a sliding scale. All inquiries are confidential at 860-434-7208.



Emergency Management Services

EMR student:
A.J. Nilson



EMS is always updating safer and effective ways to treat sick and injured patients.

Caring for people has always been a humanitarian service, even during war time. In 1966, with so many accidents on the highway, the US Government asked the Traffic and Motor Vehicle Safety Act to help establish a comprehensive emergency medical care system. That is when The National Registry of Emergency Medical Technician (NREMT) was established in 1970.

Evidence showed that motorists were injured twice; once in an accident, then again when placed into a police car for transport to an ER.

Getting the sick or injured patient to the ER can be time sensitive, but trained steps of stabilizing the cervical spine, obtaining vitals and a brief history of events is of most importance before a quick transport.

Effective January 1, 2024, The American Heart Association provided evidence-based data that when providing CPR, the patient must be stabilized in place with concentrated compressions for at least eight minutes before transport. This is why all EMS responders are trained the same across the nation under the guidance of NREMT.

Since the fire department is deployed for every motor vehicle accident, more firefighters are taking a certified EMR course as well. This way they will be trained to be of assistance to stabilize and transfer patients to the ambulance, whether it be at an MVA, traumatic fall, medical situation, or initiating CPR.

An EMT can take extra classes to become an EMS instructor – they are called an EMSI. We are fortunate to have many EMSI's in our agency. They have come together to hold an EMR course for the Old Lyme firefighters in February for six weeks – led by David DelBiondo with Tisha Kirk, Ray Belval, Tom Rozanski and Juan Tirado.

To join OLEMS, you do not need to have medical training, just some spare time and a desire to help your community, we will help assist in finding a course for you. Call 860-434-0089 or stop by 6 am-5 pm at Cross Lane and a daytime EMT can provide you with an application (unless on a call) and inform our membership committee to reach out to you.



EMSI's, left to right:
David DelBiondo,
Tisha Kirk, Ray Belval,
Juan Tirado.

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Lyme Old Lyme Food Share Garden

Planning and Celebrating in the Offseason

The Lyme Old Lyme Food Share Garden (LOLFSG) is a nonprofit organization that works to reduce food insecurity in local communities by growing and donating fresh produce. The fully volunteer organization is an inclusive community that welcomes volunteers of any age, gardening experience or ability.

Lyme Old Lyme Food Share Garden volunteers worked well into November 2023 to prepare the expanded garden for spring planting.

Shrubs and roots were removed, planting rows created, fencing installed and leaf litter spread. The winter months provide a respite from the frenzied pace of work in the summer, allowing time to reflect and plan. This winter was also a time for unexpected celebrations!



St. Ann's Episcopal Church generously funded the purchase of a garage for the LOLFSG! The structure will house our garden tractor and other materials necessary to support our expanded garden. We are enormously grateful for the donation.

In addition, in January LOLFSG President Jim Ward was named the Old Lyme Citizen of the Year! Jim was feted for his work with the garden, his service as co-chair of the Old Lyme Solid Waste & Recycling Committee and

his innovative efforts to compost household food waste.

Please consider joining the LOLFSG community in 2024. Volunteers and donations are always needed! More information is available through Facebook or www.loffoodsharegarden.org/.

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We are now on Facebook listed as Lymes Senior Center.
Follow and like us to keep up to date on upcoming events!

Call 860-434-1605 EXT. 240
to register or for more information
on becoming a member
CHECK OUT OUR WEBSITE
FOR UPCOMING NEWS & EVENTS
at: <http://seniorcenterct.org>

While the Lymes' Senior Center is being renovated, we continue to hold programs and classes, organize day and overnight trips, offer services, provide lunches, and arrange cards and other games. Thanks to our wonderful community partners (listed below) that are hosting our programs at their facilities during our time of need. Our office is currently located in the lower

level of the Old Lyme Town Hall and we maintain office hours M-F, 2-3 pm. If you are 55 years of age or better and are not yet a member, please consider joining us! Membership applications are on our town page. You can also pick one up in person, or you can call or email us and have one emailed to you. We look forward to seeing you soon!

EXERCISE CLASSES

To register, call (860) 434-1605 ext. 241 or email seniorcenter@oldlyme-ct.gov
Must be a member to register; all classes meet once a week

CLASSES/ LOCATION	DAY & TIME	COST FOR MEMBERS
Why Weight(s) Class at Roger's Lake Clubhouse	Mondays at 8:30 AM	\$5.00
Tap Dancing Class at the Dance Studio of Old Lyme	Mondays at 10:00 AM	\$5.00
Tai Chi at Roger's Lake Clubhouse	Tuesdays at 8:30 AM (Sessions run monthly)	4 Week Mo. \$30 5 Week \$38
Sit n Be Fit at the First Congregational Church of O.L.	Tuesdays at 10:30 AM	FREE
Low Impact Class at Roger's Lake Clubhouse	Wednesdays at 8:30 AM	\$5.00
Yoga Movement Class at Roger's Lake Clubhouse	Wednesdays at 10:00 AM	\$5.00
Why Weight(s)? Class at Roger's Lake Clubhouse	Thursdays at 8:30 AM	\$5.00
4S Class (Sit, Stretch, Strength & Song at Roger's Lake Clubhouse	Fridays at 10:15 AM	FREE
Beg. Country Line Dancing at Roger's Lake Clubhouse	Fridays at 2:15 PM	FREE

Why Weight(s) Class at Roger's Lake Clubhouse	Mondays at 8:30 AM	\$5.00
Tap Dancing Class at the Dance Studio of Old Lyme	Mondays at 10:00 AM	\$5.00
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Why Weight(s)? Class at Roger's Lake Clubhouse	Thursdays at 8:30 AM	\$5.00
4S Class (Sit, Stretch, Strength & Song at Roger's Lake Clubhouse	Fridays at 10:15 AM	FREE
Beg. Country Line Dancing at Roger's Lake Clubhouse	Fridays at 2:15 PM	FREE

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HOBBY & INTEREST CLASSES

To register, call (860) 434-1605 ext. 241 or email seniorcenter@oldlyme-ct.gov
Must be a member to register

CLASSES/ LOCATION	DAY & TIME	COST FOR MEMBERS
Craft Classes with Mary at <i>Old Lyme Town Hall</i>	March 20th - April 10 - May 7 at 1:00 PM	FREE
Painting Classes with Jeanette at <i>Roger's Lake Clubhouse</i>	5 Week Session - April 2-9-16-23-30 at 1:00 PM	\$60 for 5 Week Session
Fly Tying Classes with Mark at <i>Lyme Library</i>	Session - April 4-11-18-25 at 3:00 PM	FREE
Pickleball for Beginners Class at <i>Cross Lane Park</i>	Call for Details	FREE
Fly Tying Classes with Mark at <i>Lyme Library Grounds</i>	Session - May 2-9-16-23-30 at 3:00 PM	FREE

PROGRAMS

To register, call (860) 434-1605 ext. 241 or email seniorcenter@oldlyme-ct.gov
Must be a member to register

PROGRAM	DAY & TIME
Historical Lectures with Mark Twain	March 25th - April 22nd - May 28th at 1:00 PM
House Curator, Mallory Howard at <i>Old Lyme Town Hall</i>	March 26th - April 23rd - May 28th at 11:15 AM
Building Buzz - Updates from the Building Committee at <i>First Congregational Church</i>	April 3rd - May 1st - June 5th at 1:00 PM
Historical Lectures with the Bowtie Historian at <i>Old Lyme Town Hall</i>	April 8th at 1:00 PM
Movie & Short Commentary by Fred Verillo-Chicago (Musical) at <i>Lyme Library</i>	April 16th at 12:30 PM
New Horizons Band at <i>First Congregational Church</i>	April 23rd at 1:00 PM
Downsizing Demystified at <i>Old Lyme Town Hall</i>	How to Keep Yourself Healthy & How Air Quality Effects That at <i>First Congregational Church</i> April 24th at 1:00 PM
Lyme Village Voices at <i>First Congregational Church</i>	May 21st at 1:00 PM
Old Lyme Parade Performance at <i>Lyme Street</i>	May 27th
Old Lyme Town Band at <i>Christ the King Church Grounds (Outside)</i>	May 29th at 6:00 PM

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Focusing On What We Share

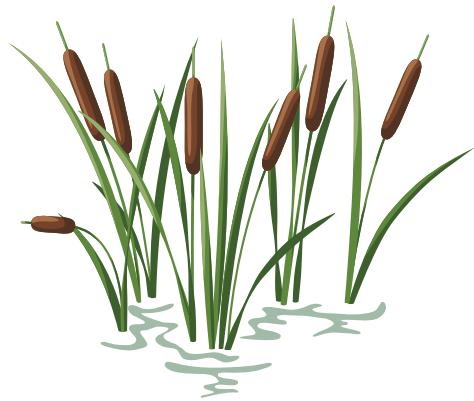
Old Lyme townspeople value the inspiring natural resources surrounding us. As our Plan of Conservation and Development states, *“Decades of effort by volunteer land-use commissioners and dedicated property owners have preserved a great abundance and variety of natural resources and kept Old Lyme as a peaceful, serene haven, with its people strongly in tune with the natural world around them and having a real appreciation of its small-town sense of community.”*

Flora and fauna connect us – across geography and generations. Old Lyme volunteer conservation related commissions, through their missions and work, embody this essential idea. If there is one thing our residents have demonstrated repeatedly over the past half-century, it's that the land, water, and wildlife around us can provide important common ground and opportunities to bring us together.

Our conservation related commissions such as Open Space, Inland Wetlands, Conservation, and Land Trust have maintained and preserved families' abilities to enjoy the outdoors, from Reserves and Preserves and local parks to our beaches along Long Island Sound and the Connecticut River.

We still have an immense amount of work to do, not only in grappling with threats to the natural world, but also in addressing the environmental injustices of today. Luckily,

our conservation leaders are already pursuing solutions and providing educational resources in the form of lectures and seminars that can follow in the footsteps of earlier volunteer successes.



The natural world we share in Old Lyme has near limitless potential to help address the mounting challenges we face, from bolstering resilience to climate change to improving air and water quality and recycling efforts.

Nature is a force bigger than us, with the power to create and destroy, as well as the potential to bring us together.

Instead of focusing on where we disagree, let us focus this year's discussions, debates, and town halls to remind our leaders, and each other, why our wildlife and ecosystems matter.

Old Lyme's vast flora and fauna cannot speak for themselves. We make progress most effectively when we work together.

The Old Lyme Town Band



Our 2024 concert season is about to begin. The Old Lyme Town Band, under the direction of Rich Chiappetta, is busy preparing familiar movie medleys, brass fanfares, classic folk ballads, and traditional band marches for your enjoyment.

Mark your calendar for the opening concert of our 2024 season on:

Sunday afternoon, April 28th at 2:00 pm at Waterford High School auditorium in Waterford. The concert will showcase both the Old Lyme Town Band and the Waterford Community Band (host band). Each band will entertain you with several musical selections such as; By Loch and Mountain, Appalachian Morning, Festa Paesana, The Hobbits and Gandalf from Lord of the Rings and then join together for the grand finale. This is a Free Event.

On Wednesday evening, May 29th at 6:00 pm, the Lyme Senior Center will host the Old Lyme Town Band for our first outdoor concert of the season. Please note: Due to construction at the Senior Center, the concert will be held at Christ the King Church,

2024 Concert Season

Old Lyme. Bring a lawn chair, your favorite snack, a sweater, lots of enthusiasm, and settle in for a fun filled evening of music.

(In case of inclement weather, the concert will be moved inside.) You will hear tunes such as Appalachian Morning, Chimes of Liberty March, Themes from Porgy and Bess, New England Suite, Superman, The Sound of Music, Trombone King, and many more. This is a Free Event.

New concerts are being added often, so please be sure to check the Old Lyme Town Band.com website or our Facebook page for additional information and performance updates.

If you play an instrument, we would love to have you join our group. No audition is necessary. The OLTB welcomes players of all ages, from the surrounding towns. Our rehearsals are held on Monday evenings, from 7:00-9:00 pm at Christ the King Church in Old Lyme. For more information contact: Ann Lander at (860)434-2671 or landeral15@yahoo.com.

Let's make music together for all to enjoy!



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Old Lyme Municipal Departments

Department	Contact	Phone
Animal Control	Lynn Philomen	434-1605 x244
Assessor	Melinda Kronfeld	434-1605 x218
First Selectwoman	Martha Shoemaker	434-1605 x211
Board of Selectmen	Jim Lampos	434-1605 x212
Board of Selectmen	Jude Read	434-1605 x212
Building Official	Mark Wayland	434-1605 x230
Emergency Management & Fire Marshal	David Roberge	434-1605 x231
Finance Director	Anita Manicini	434-1605 x232
Harbormaster	Matthew B. Lynch	434-1605 x212
Ledge Light Health District		434-1605 x214 860-448-4882
Parks and Recreation	Don Bugbee	434-1605 x235
Police		434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-1605 x243
Registrar of Voters	Catherine Carter & Jennifer Datum	434-1605 x226
Senior Center	Stephanie Lyon Gould	434-1605 x240
Social Services	Amy Bonatti	434-1605 x228
Tax Collection	Susan Thompson	434-1605 x216
Town Clerk	Vicki Urbowicz	434-1605 x220
Treasurer	Matt Ward	434-1605 x232
Zoning Enforcement	Eric Knapp	434-1605 x225
<i>OTHER AGENCIES</i>		
Library/Passports	Katie Huffman, Director	434-1684
School District #18	Superintendent of Schools	434-7238
Youth Services Bureau	Mary Seidner, Director	434-7208

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New Year Resolutions

New Year's has come and gone, and typically many resolutions are behind us as well. Giving up on New Year resolutions is common and even expected. But rather than accept that we "failed" already, maybe what we need is a reframe of what we are doing.

Instead of seeing a "failure" to do those daily workouts, maybe what's needed is to modify the plan. What if we decided the original goal was too ambitious, but instead we will increase our daily steps by 20%. When we "fail" at the plan to give up takeout meals, maybe it's a sign we need to modify to a more sustainable goal - limit takeout to once a week, or twice a week. The problem is often the unrealistically high goals, along with the lack of anything concrete to help with motivation.

Do you do best with groups of people? Join an exercise group, form a private Facebook group for accountability, find someone to walk the boardwalk with you. Assign a cooking night for each person at home, and spread out the work. Find an accountability partner (you don't need the same goals), find reasonable, sustainable goals, and celebrate your successes!

Nancy Randall, Psy.D.

East Lyme Psychological Associates



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Florence Griswold Museum



Leo Jensen, The Lure of the Turf, 1963. Wood, steel, 90 x 63 x 22 1/2 in. Courtesy of the Artist's Estate



Through May 19 the Florence Griswold Museum hosts the exhibition *Fun & Games?* Leo Jenesen's Pop Art. Jensen (1926–2019) turned a winking eye on America, producing irreverent art that is nevertheless serious in its cultural observations. Known best regionally for his bronze frog sculptures on the Thread City Crossing Bridge in Willimantic,

Connecticut, Jensen infused his work with humor as well as insights about contemporary American society. Emerging in the 1950s, Pop Art challenged definitions of fine art by celebrating commercial culture, mass media, and elevating everyday objects to "high" art. The Minnesota-born Jensen's paintings and sculptures borrow from the signs and symbols he saw during his youth in circuses and rodeos. When he moved to Connecticut, he continued to draw upon the visual language of carnival games in kinetic sculptures. Jensen made his mark on Pop Art with these moveable constructions, which the New York Herald Tribune in 1964 proclaimed "Superior ... witty, highly sophisticated in structure and design."

Jensen moved from New Haven to Old Lyme in the early 1960s before converting an old restaurant into a home and studio in Ivoryton with wife Dalia Ramanaukas in 1966.

In addition to Pop Art, visitors to the Museum can view a selection of highlights of the Museum's collection titled *From Art Colony to Connecticut Collection* – which includes recently acquired pieces



Childe Hassam, News Depot, Cos Cob, 1912. Oil on cigar box lid, 5 1/4 x 8 3/4 in. (frame: 12 3/4 x 16 3/8 in.). Florence Griswold Museum, Gift of The Hartford Steam Boiler Inspection and Insurance Company

such as 19th century portraits, old favorites by Childe Hassam and other Lyme Art Colony artists, and works by contemporary artists.

Laurie Walker's Recent Sales



SOLD FOR: \$650,000
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Overlooking Rogers Lake



SOLD FOR: \$330,000
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Information on Your Electric Bill

By State Representative Devin Carney



Devin Carney,
State Representative

I often get asked about

Connecticut's electric rates and the supply and delivery charges on an Eversource invoice.

The supply side is based on a competitive procurement process and overall energy use; it is not regulated by PURA. In 2022, the energy generation mix in Connecticut was 56.7% natural gas, 38.1% nuclear, 1.6% biomass & refuse-derived fuels, 1% solar, 1% hydroelectric, 0.4% petroleum, and 1.1% "other." One

of the main reasons costs are higher than most states, especially in the winter months, is our reliance on natural gas coupled with limited access to it due to pipeline capabilities. Connecticut is also restricted in acquiring more hydroelectric from Canada until nearby states allow for new transmission upgrades. You can compare rates at <https://energizect.com/> and select a new supplier if the plan makes sense to you, however, Eversource will still deliver your energy.

In 2023, the legislature enacted legislation to create more transparency about what the delivery charge truly means. If you look at your Eversource bill, you will see the supply charges and three other categories. These three – transmission, local delivery, and public benefits – are not new costs, but, rather, the old delivery charge broken down. Transmission is the cost to maintain and build high voltage towers and lines and is regulated by the federal government. It is also affected by usage. The Local Delivery charge is the cost to Eversource to build, maintain, and repair poles, meters, and local power lines. This cost is regulated by PURA. The Public Benefits charge is the cost to support energy programs authorized by the state and fluctuates with use.

I am always looking for suggestions as to how to reduce costs and make our grid more efficient, so please contact me with any thoughts – devin.carney@housegop.ct.gov.

Thank you!



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From developing fun, interactive story times for kids to hand-delivering books to homebound patrons, the Library continues to provide opportunities for residents of all ages to learn and grow. Below is a listing of upcoming events at the Library. All events will be in person unless otherwise noted and some require registration. Please visit oldlymelibrary.org for complete details and to sign up.

Spring Events: March 11-June 9

CHILDREN'S EVENTS

We're excited to introduce Meaghan McKenney, our new Children's Librarian. Pop by the library to meet her and learn more about our upcoming events. Details of upcoming events for children are also available at oldlymelibrary.org.

Take & Make Story and Craft Kits
available each month while supplies last!

Homework Help (Grades 4-8)
Fridays, 2:30-4:30 pm

TEEN EVENTS & ACTIVITIES

The Teen Department is currently accepting new volunteers in grades 7 and up! Visit <http://oldlyme.lioninc.org/tlcapp> to apply.

Teen Advisory Board (Grades 10+)
Every other Tuesday when school is session, 5-6 pm; 3/12, 3/26, 4/23, 5/7, 5/21

Homework Help (Grades 4-8)
Fridays, 2:30-4:30 pm

Homework Helpers (Grades 9+)
Fridays, 2:30-4:30 pm

Goth Night (Grades 7+)
Friday, March 22, 6-8 pm

Field Trip to Possible Futures Bookstore (Grades 9+)
Saturday, April 20, 2-4 pm

Adolescent Skills Group (Grades 6-8)
Tuesdays, March 19 - April 16, 2:45-3:45 pm

Video Game Mayhem (Grades 6+)
Wednesdays, May 1, 15, & 29, 3-4 pm

Wellness Workshop (Grades 6+)

Saturday, May 11, 11 am - 1pm

ADULT EVENTS

Faraway Fiction Book Chats

Wednesday, March 20, 6:30 pm:
Poison Study by Maria V. Snyder

Wednesday, May 15, 6:30 pm: TBD

Overdose Prevention and Harm Reduction with Alliance for Living

Wednesday, March 27, 6:30 pm

Introduction to Astrology

Wednesday, April 3, 6:30 pm

Dark Nonfiction Book Club

Wednesday, April 17, 6:30 pm

10 Tips for Managing Stress

Saturday, April 20, 1 pm

Tips for Optimizing Sleep

Saturday, April 27, 1 pm, at the Lyme Public Library

Introduction to Tarot

Wednesday, May 8, 6:30 pm

Building a Lasting Legacy: Essential Estate and Tax Planning Strategies for Retirement

Wednesday, May 29, 6:30 pm

Silent Book Club

3rd Saturday of the month, March 16, April 20, May 18, 11:30 am - 1 pm

Virtual Author Talks

Christopher Paolini:
Thursday, March 14, 4pm

Madeline Miller:
Thursday, March 21, 7pm

Smithsonian Curator Paula J. Johnson:

Tuesday, April 2, 2pm

Colum McCann: Tuesday, April 9, 2pm

Xochitl Gonzalez:

Wednesday, April 17, 8pm

Phoebe's Morning Book Chat*

Thursday, March 14, 11 am:

Hello Beautiful by Ann Napolitano

Thursday, April 11, 11 am:

The Silent Patient by Alex Michaelides

Thursday, May 9, 11 am:

Wait Till Next Year by Doris Kearns Goodwin

Continued on page 32

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Let's build, together.

Continued from page 31

Contemporary Classics Book Discussions with Marsha – via Zoom*

Monday, April 1, 7 pm:
The Rabbit Hutch by Tess Guntz

Monday, May 6, 7 pm: *TBD*

Mahjongg Club

Weekly on Wednesdays at 1 pm

Phoebe's Meditation

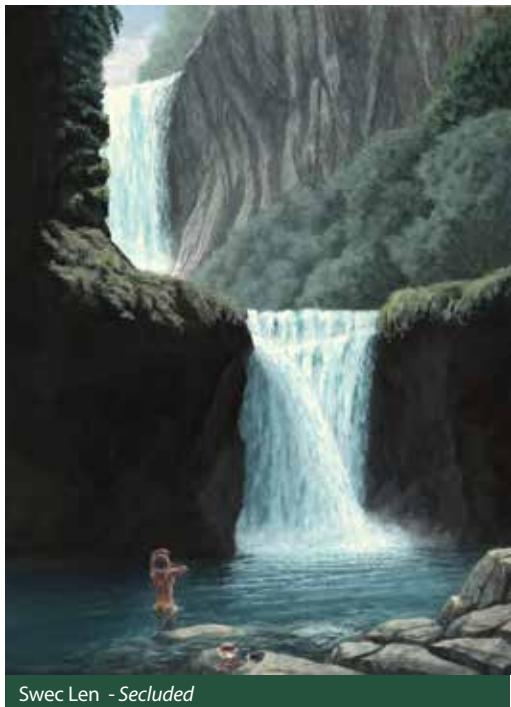
Weekly on Fridays at 10 am

PHOEBE'S BOOKCELLAR

The BookCellar is a highly successful used book store managed by the volunteer Friends of the Library and housed on the Library's lower level. Regular BookCellar hours are Wednesdays 10-4 and Saturdays 9-1. Stop in to shop, drop off book donations, or become a volunteer.

All proceeds benefit the Library.

Lyme Art Association



Spring Happenings at the Lyme Art Association:

March 1 – April 11: *An Exhibition in Four Acts* showcases the various styles of Lyme Art Association's artists by looking at the world through four different lenses. *Phases of Light* delves into the magical essence of illumination. *Rock of Ages* examines the geological beauty of the earth by focusing on rocks and stones.

Stillness: A Still Life is an introspection into the world of still life. *Strictly Abstract* focuses on the abstractions of life and

nonobjective art making. Running concurrently is *All the World's a Stage*, where artists visually interpret this travel-themed show with landscape and still lifes. Opening reception: March 3, 2 – 4 pm.



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April 19 – May 30: Lovers of the sea are sure to appreciate *Ship to Shore: A Marine Show*, an exhibit which focuses on seascapes and marine life, and the solo show of John Caggiano, a plein air painter of landscapes and seascapes. Running concurrently is the art exhibit of the Catharine Lorillard Wolfe Art Club from New York. Opening reception: April 26, 5 – 7 pm.

April 20: At the *Art Supply Expo*, artists will find products, learn techniques, meet artists, watch demos, and enjoy discounts at this free event.

May 4: *Sea & Sky Soiree* is an evening of fine art, music and entertainment. Planned events include “Dueling Painters,” featuring Howard Park & Lisa Miceli, and a silent auction.

June 3: *Swing for Art*, a golf fundraiser at the Old Lyme

Country Club, is a great time to gather a few friends for some golf while raising money to support the arts at LAA.

Founded in 1914 by the American Impressionists, the Lyme Art Association continues the tradition of exhibiting and selling representational artwork, as well as offering art instruction, lectures, and other community programs. The Lyme Art Association is located at 90 Lyme Street in Old Lyme, CT, in an iconic 1921 building designed by renowned architect Charles Adams Platt and listed on the National Register of Historic Places. Admission is free. Gallery Hours are Wednesday-Sunday, 10 am-5 pm. For more information, visit [www.lymeartassociation.org](http://lymeartassociation.org) or call (860) 434-7802.

“Lymes’ Senior Center Summer Sounds Concert Series”

Come and enjoy a summer evening!

All ages are welcome!!

Hosted by the Florence Griswold Museum at 96 Lyme Street Old Lyme. "Lymes' Senior Center Summer Sounds Concert Series" a four-week musical series. (**Friday July 5th, Thursday July 11th, Thursday July 18th, & Friday July 26th**)

*Bring your chairs, blankets, dinner, etc. The performances will be

held outside on the grounds of the Florence Griswold Museum.

FOOD TRUCKS WILL BE ON SITE FROM 5:30-7 pm!

FRIDAY, July 5th at 6:00 pm- *Take Two & Call Me in the Morning*

THURSDAY, July 11th at 6:00 pm- *The Corvettes Doo Wop Revue*

THURSDAY, July 18th at 6:00 pm- *The Cartells*

FRIDAY, July 26th at 7:00 pm- *Locomotion*



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Lyme-Old Lyme Schools

Music Education at Lyme-Old Lyme Schools

Music is a well-loved part of the curriculum at Lyme-Old Lyme Schools, from elementary school where the foundation is built, to high school where student musicians can join numerous vocal and instrumental ensembles.

Beginning in Pre-K students participate in weekly lessons that help them become comfortable with singing and dancing while developing vocal and rhythmic skills. By second grade, students continue to fine-tune vocals, learn to read music, and begin to create their own music.

Fifth-graders have the option to begin the study of an instrument.

Students can continue on with band and chorus through middle and high school through a variety of concert groups and ensembles. Additionally, the high school offers course work in music history, music theory, music exploration, music production, and musical theater performance as well as AP and UConn Early College Experience classes.



Select Singers performing for students at Mile Creek School.

Student musicians contribute to the community in many ways including performances at the Old Lyme Memorial Day Parade and Dedication Ceremony, Lymes' Senior Center, LYSB, and local churches among others. The Veterans' Day Assemblies held at the middle and high school are much-anticipated events where our student musicians really shine.

Students in ensemble classes are encouraged to audition for regional, state, and national festivals. This year, 12 students have been selected for the New England Music Festival. An international music performance tour is offered biannually, including a tour of Ireland in 2023 with performances in Cork, Galway, and Dublin, as well as a scheduled tour of England and Wales in February 2025.

Melissa Rostkoski, music teacher at Lyme School, sums it up when she says, "Lyme and Old Lyme are wonderful communities to be in when it comes to music. Our communities are very arts-driven and so supportive of our schools."

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Old Lyme Open Space Commission



Coyotes and Dogs

Old Lyme's open space trails are respites from our busy lives where we can exercise and enjoy the outdoors, often with our dogs. In addition to providing recreation, open space also preserves natural habitat.

We share open space (and often our neighborhoods) with wild animals, and that requires care.

Eastern coyotes are common, and there have been incidents of conflict between coyotes and dogs in town. (Bobcats and even black bears can also pose a danger to pets).

Coyote pups are born in the spring (April to mid-May) and parents tend to be protective near den sites. It's a time to be especially cautious while walking dogs. **A reminder:** dogs should be kept on leash on open space trails for their safety.

Here are basic tips:

- If approached by a coyote, keep your dog under close control and calmly leave the area.
- Do not run or turn your back.
- Let them know you are the boss. To frighten coyotes shout, make noise, wave your arms.
- Do not pick up your dog.
- Be wary of behavior that may indicate rabies, such as staggering or extreme lethargy. Daytime coyote activity is not uncommon and does not necessarily mean an animal is rabid.
- Any coyote acting aggressively should be reported to DEEP's Emergency Dispatch at (860) 424-3333 and the Town of Old Lyme animal control officer at 860-434-1605 ext. 244.

Raccoons, skunks, and foxes can also be infected with rabies. All bites by wildlife should be considered a possible risk for the disease.

Be polite on trails: not everyone is a dog lover, and fellow hikers may be startled or frightened by a strange dog rapidly running towards them.

Visit the Old Lyme Open Space Commission website for more safety information at www.oldlyme-ct.gov/367/Encountering-A-Coyote.

The Open Space Commission also has videos of coyotes on town land taken by remote wildlife cameras. They may be viewed at www.youtube.com/watch?v=N9N1yR_Jvcs&list=PLxogjg21Ddgqxs8odScIPKkSBfDVvdyVU&index=8



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GOOGLE REVIEWS

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MARCH

Saturday, March 16, 2024 at 5pm

Sunday, March 17, 2024 at 3pm

At the First Congregational Church of Old Lyme
4 Lyme Street in Old Lyme

In March, Musical Masterworks' nearest and dearest will unite for a glorious weekend of piano trios featuring Artistic Director Emeritus and cellist Edward Arron and pianist, Jeewon Park.

Program

Mendelssohn, Cello Sonata No. 2 in D major, Op. 58

Babajanian, Piano Trio in f-sharp minor

Schubert, Nocturne in E-flat

Schubert, Piano Trio in B-flat

APRIL

Saturday, April 27, 2024 at 5pm

Sunday, April 28, 2024 at 3pm

At the First Congregational Church of Old Lyme
4 Lyme Street in Old Lyme

March 2024 - June 2024

In April harpist Charles Overton returns to Musical Masterworks to close out the season after his rousing debut last season.

Artists

Charles Overton, Harp

Mark Dover, Clarinet

Michael Thurber, Bass

Tessa Lark, Violin



Charles Overton, Harp

Program

Schumann,

Fantasiestucke, Op.73

(arr. for clarinet and
harp)

Jean Cras, Suite en Duo

Eccles, Double Bass

Sonata

Nico Muhly

Overton/Dover/

Thurber/Lark, Original

Compositions



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*Source: SmartMLS, 1/1/19-12/31/23, total transactions by agent, Essex; all properties listed or sold by agent

Each Office is Independently Owned and Operated.



Old Lyme Historical Society

Located in the former Grange Hall at 55 Lyme Street, OLHSI is an all-volunteer organization dedicated to researching, preserving, and sharing the history of Old Lyme.

Easy access to DNA sequencing and its wide use through sites like Ancestry.com and 23andME has created a powerful new tool and parallel path of investigation for tracing a family tree. Best known for helping link adoptees and birth parents, DNA analysis is also invaluable in tracing true ancestry through sometimes obscure or misleading changes of name, spelling, or location. Cheryl Poirier has years of experience in using DNA matches to help people trace their roots in North America and the British Isles. She will share techniques, resources, and several case studies to demonstrate how to use DNA matches to solve long-standing family puzzles.

Unlocking your Family Tree through DNA Matches,
presented by Cheryl Poirier, at **7:00 pm** on **Thursday, March 21, 2024** at 55 Lyme Street. (FREE, donations to the Society are welcomed.)

And for those interested in roots of a different kind...

Spring Hydrangea Sale June 22-23, 2024. A selection of Hydrangeas grown locally by Old Lyme nurseryman Mark Comstock will be on sale this weekend at 55 Lyme Street. All proceeds benefit the Historical Society.

**Saturday, June 22, 9:00 am-2:00 pm,
Sunday, June 23, Noon-2:00 pm.**

Other events are in the works this spring, but are not finalized at press time. For the latest details on these and other happenings of the Old Lyme Historical Society, please see our website.



OLD LYME HISTORICAL SOCIETY, INC.

55 Lyme St., P.O. Box 352,
Old Lyme, CT 06371
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For more information about Janney, please see Janney's Relationship Summary (Form CRS) on www.janney.com/crs which details all material facts about the scope and terms of our relationship with you and any potential conflicts of interest.



OLD LYME EVENTS

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