



COUNSELING SERVICES

GRIEF SUPPORT GROUP SCHEDULE - FALL 2013

Center for Hospice Care offers grief-support groups open to anyone in the public grieving the loss of a loved one. All 6 week groups are open to newcomers through the second week/meeting date. All groups are free of charge. *Pre-registration is required by calling 860.848.5699 or register online at www.hospicesect.org/SupportGroupRegistration*

COPING WITH THE LOSS OF A LOVED ONE SUPPORT GROUPS

Dates:

1st & 3rd Tuesdays of each month - Ongoing

Time:

10:00 am - 11:00 am

Location:

Stone Ridge Senior Living
186 Jerry Brown Rd., Mystic, CT

Dates:

2nd & 4th Tuesdays of each month - Ongoing

Time:

3:00 pm - 4:00 pm

Location:

Norwichtown Rehabilitation and Care Center
93 West Town St., Norwich, CT

Dates:

2nd Tuesday of each month - Ongoing

Time:

10:00 am - 11:00 am

Location:

St. Patrick's Roman Catholic Church
32 East Main St., Mystic, CT

Dates:

3rd Tuesday of each month - Ongoing

Time:

3:00 pm - 4:00 pm

Location:

Lyme's Senior Center
26 Town Woods Rd., Old Lyme, CT

COPING WITH THE LOSS OF A SPOUSE

Dates:

Mondays, Sept. 30, Oct. 7, 21, 28, Nov. 4 & 18

Time:

5:30 pm - 7:00 pm

Location:

Center for Hospice Care
227 Dunham St., Norwich, CT

COPING WITH THE LOSS OF A PARENT

Dates:

Wednesdays, Oct. 2, 9, 16, 23, 30 & Nov. 6

Time:

5:30 pm - 7:00 pm

Location:

Center for Hospice Care
227 Dunham St., Norwich, CT

COPING WITH THE LOSS OF A LOVED ONE BY SUICIDE

Dates:

Thursdays, Oct. 3, 17, 24, 31, Nov. 7 & 14

Time:

5:30 pm - 7:00 pm

Location:

L+M Hospital, Conference Room 3
New London, CT

Continued on reverse.



"DRAWING ON OUR MEMORIES"

A program of creative and expressive arts workshops for all ages. Learning how to put grief into "a language without words." All materials will be provided. All groups are held at Center for Hospice Care 227 Dunham Street, Norwich, CT unless otherwise specified. *Pre-registration is required by calling 860.848.5699 x250 or register online at www.hospicesect.org/SupportGroupRegistration*

FOR CHILDREN

Pet Therapy with our Therapy Dogs

Dates:

Tuesdays, Sept. 17, 24, Oct. 1, 8, 15 & 22

Time:

4:30 pm - 5:00 pm

Expressive Arts Group with our Art Therapist

Dates:

Tuesdays, Sept. 17, 24, Oct. 1, 8, 15 & 22

Time:

5:15 pm - 6:15 pm

FOR TEENS

Dates:

Tuesdays, Sept. 17, 24, Oct. 1, 8, 15 & 22

Time:

4:30 pm - 5:15 pm

FOR ADULTS

For those grieving the death of a loved one

Dates:

Tuesdays, Sept. 17, 24, Oct. 1, 8, 15 & 22

Time:

7:15 pm - 8:15 pm

FOR SENIORS

Date:

Thursdays, Sept. 5, 12, Nov. 7 & Dec. 5

Time:

10:30 am - 11:45 am

Location:

East Lyme Senior Center
37 Society Road, East Lyme, CT

Date:

Thursdays, Sept. 26 & Nov. 21

Time:

2:00 pm - 3:00 pm

Location:

Norwich AHEPA
370 Hamilton Ave, Norwich, CT

Dates:

Thursdays, Oct. 3, 17, Nov. 14 & Dec. 19

Time:

10:30 am - 11:45 am

Location:

Ledyard Senior Center
12 VanTassell Drive, Gales Ferry, CT

Dates:

Tuesday, Nov. 19

Time:

1:30 pm - 2:45 pm

Location:

Niantic AHEPA
267 Roxbury Rd, Niantic, CT

Dates:

Thursdays, Oct. 31 & Dec. 12

Time:

10:30 am - 11:45 am

Location:

Groton Senior Center
102 Newtown Rd, Groton, CT

Dates:

Thursday, Dec. 12

Time:

1:00 pm - 2:00 pm

Location:

New London Rehab & Care of Waterford
88 Clark Ln, Waterford, CT

For more information, please call Center for Hospice Care at 860.848.5699 x250. Expressive Arts "Drawing On Our Memories" is funded in part by the William T. Christopher Fund for Children's Health.



Affiliate of L+M and The William W. Backus Hospitals